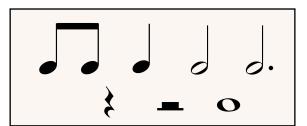


KARATE RHYTHMS with TIME SIGNATURES



Create your own karate measures using these symbols.

Draw them in the space below then practice your rhythms using your best karate moves! If you use a rest, stand tall and still for those beats.



| 3 | | |
|---|--|--|
| 4 | | |
| _ | | |